

# Mabel's Book

## 2007

### Places to Buy Local Food at **Farms and Farm Markets** in the Franklin County Area



#### Where to Find:

**Locally Grown or Produced Maple, Honey, Fruits, Berries, Bread, Pastries, Christmas Trees, Seedlings, Vegetables, Herbs, Meats, Value-Added Products, Fiber, Milk, Dairy, Flowers, and Eggs.**

**Also a list of farms with CSA Shares or Pick-Your-Own fruits and vegetables.**



Funded by Western Mountains Alliance, W.K. Kellogg Foundation  
and Sebecook Valley Hospital Healthy ME Partnership.

Cover art by Jennifer Hartung.  
All other drawings by Ellen Ketchum.



This book is brought to you by a group of local food producers and supporters. It includes lists of farms, bakeries, farmers' markets, orchards, food pantries and other sources of food that is grown and raised locally in the communities of the Somerset County area.

There are surely some that we missed. Please let us know and we will include them in the next edition. Send updates to Western Mountains Alliance's Eat Smart Eat Local Project at (207) 778-3885. You can also find the survey form on our website [www.westernmountainsalliance.org](http://www.westernmountainsalliance.org)

## Thank you

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Franklin County Cooperative Extension

# Franklin County Area Local Food at Farms and Farm Markets

Buy local!

Support farmers in your community!

Eat fresh and healthy foods!

Eat Smart Eat Local!

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Visit [www.getrealmaine.com](http://www.getrealmaine.com) for finding statewide searchable listings of Maine farms and food producers, agricultural fairs, and farmers' markets.

**Listing of Vendors by Food Product**  
**See Alphabetical Farm List for Details and Addresses**

**BREAD & PASTRIES**

Better Living Center  
Black Cat Products  
Cookies From the Heart  
Fare Share Farm, Greenhouse and Bakery  
Knowlton Corner Farm  
Nezinscot Farm  
Organic and Otherwise  
Second Chance Farm and Longfellow's Creamery, LLC  
Spice of Life Natural Foods Store  
Up Front and Pleasant Street Gourmet

**CHRISTMAS TREES & NURSERIES**

Jackson Mountain Farm  
McClure's Tree Nursery  
Pleasant Acres  
Robin's Flower Pot

**EGGS**

Bailey Hill Farm  
Better Living Center  
Coburn Farm  
D.R.T. Works Farm  
Fare Share Farm, Greenhouse and Bakery  
Flying Pond Farm  
Hall's Wild Blueberries  
Hoof 'N Paw Farm and Greenhouse  
King Farms  
Knowlton Corner Farm  
Mosher's Seafood 'N More  
Organic and Otherwise  
Shady Lane Farm  
Spice of Life Natural Foods Store  
Up Front and Pleasant Gourmet  
Wheeler Hill Farm  
Whitetail Acres Farm  
Whitewater Farm  
Washburn-Norlands Living History Center

**FLOWERS**

D.R.T. Works Farm  
Harnden's Harvest Hutch  
Pooh Corner Farm  
Pretty Maids All in a Row  
Puckerbrush Farm  
Robin's Flower Pot  
The Chickadee's Nest  
Whitetail Acres Farm

**FRUIT & BERRIES**

Better Living Center  
Boothby's  
Clark Farm  
Cranberry Creations  
D.R.T. Works Farm  
Firth's Fruit Farm  
Gazebo Market  
Hall's Wild Blueberries  
Harnden's Harvest Hutch  
King Farms  
Knowlton Corner Farm  
Lone Antler  
Marble Family Farm  
Maguire Family Farm  
Masterman Family Farm  
Morrison Hill Orchard  
Mosher's Seafood 'N More  
North Star Orchard  
O'Connor's Orchard  
Organic and Otherwise  
Peace and Plenty Farm  
Pike's Strawberries and Corn  
Puckerbrush Farm  
Ron's Market  
Sandy River Apple  
Sandy River Farmer's Market  
Source 365 CSA Farm

**Listing of Vendors by Food Product  
See Alphabetical Farm List for Details and Addresses**

**MAPLE & HONEY**

Better Living Center  
Hall Farm Maple Products  
Jackson Mountain Farm  
Knowlton Corner Farm  
Maine Maple Garden, Inc.  
Maple Valley Farm  
Mosher's Seafood 'N More  
North Star Orchard  
Organic and Otherwise  
Second Chance Farm and Longfellow's  
Creamery, LLC  
Shady Lane Farm  
Spice of Life Natural Foods Store  
Stanley End Farm  
Stevenson's Strawberries and  
Levesque's Farm Stand  
Stone Corner Farm  
Sweet Maple Farm  
Up Front and Pleasant Gourmet  
Verdevale Farm  
Whitetail Acres Farm  
Whitewater Farm  
Washburn-Norlands Living History  
Center

**MEATS**

Bailey Hill Farm  
Caldwell Farm  
Cold Spring Ranch  
Cricket Hill Farm  
Fare Share Farm, Greenhouse and Bakery  
Greaney's Turkey Farm  
Island Farm  
King Farms  
Ledoux Farms  
Mosher's Seafood 'N More  
Nezinscot Farm  
Organic and Otherwise  
Puckerbrush Farm  
Second Chance Farm and Longfellow's  
Creamery, LLC  
Shady Lane Farm  
Spice of Life Natural Food Store  
The Turkey Farm

Venter Yes.ter.year Farm  
Whitewater Farm

**MILK & DAIRY**

Bailey Hill Farm  
Better Living Center  
Caldwell Farm  
Coburn Farm  
Hall Farm Maple Products  
Henry Hardy Farm  
King Farms  
Ledoux Family Farm  
Mosher's Seafood 'N More  
Nezinscot Farm  
Organic and Otherwise  
Ron's Market  
Sandy River Farm  
Spice of Life Natural Foods Store  
Springside Acres  
Up Front and Pleasant Gourmet  
Venter Yes.ter.year Farm  
Whitewater Farm  
York Hill Farm

**SEEDLINGS**

D.R.T. Works Farm  
Fare Share Farm, Greenhouse and Bakery  
Hoof 'N Paw Farm and Greenhouse  
Island Farm  
Living Acres Too  
Pooh Corner Farm  
Puckerbrush Farm  
Robin's Flower Pot  
Sandy River Farmer's Market  
Whitehill Farm

**VALUE ADDED PRODUCTS & FIBER**

Carrabasset Coffee Company  
D.R.T. Works Farm  
Gazebo Market  
Hidden Valley Alpacas  
Hoof 'N Paw Farm and Greenhouse  
King Farms  
Knowlton Corner Farm  
Lone Antler  
More Acres Farm

**Listing of Vendors by Food Product**  
**See Alphabetical Farm List for Details and Addresses**

Mosher's Seafood 'N More  
 North Star Orchards  
 Organic and Otherwise  
 Peace and Plenty Farm  
 Ron's Market  
 Sandy River Farmer's Market  
 Second Chance Farm and Longfellow's  
 Creamery, LLC  
 Source 365 CSA Farm  
 Spice of Life Natural Foods Store  
 Spinning Wheel Farm  
 Stanley End Farm  
 Stevenson's Strawberries and  
 Levesque's Farm Stand  
 Stone Corner Farm  
 The Chickadee's Nest  
 Thompson's Novelty Acres  
 Up Front and Pleasant Gourmet  
 Venter Yes.ter.year Farm  
 Wheeler Hill Farm  
 Whitehill Farm  
 Whitetail Acres Farm  
 W.S. Wells and Sons  
 Washburn-Norlands Living History  
 Center



Nezinscot Farm  
 Organic and Otherwise  
 Peace and Plenty Farm  
 Pike's Strawberries and Corn  
 Puckerbrush Farm  
 Ron's Market  
 Sandy River Farm  
 Sandy River Farmer's Market  
 Second Chance Farm and Longfellow's  
 Creamery, LLC  
 Shady Lane Farm  
 Source 365 CSA Farm  
 Spice of Life Natural Foods Market  
 Springside Acres  
 Stanley End Farm  
 Stevenson's Strawberries and  
 Levesque's Farm Stand  
 Sweetland Farm  
 Sweet Maple Farm  
 The Chickadee's Nest  
 Thompson's Novelty Acres  
 Up Front and Pleasant Gourmet  
 Venter Yes.ter.year Farm  
 Wheeler Hill Farm  
 Whitehill Farm  
 Whitetail Acres Farm  
 Whitewater Farm  
 Washburn-Norlands Living History  
 Center

**VEGETABLES & HERBS**

Better Living Center  
 Clark Farm  
 Cricket Hill Farm  
 D.R.T. Works Farm  
 Fare Share Farm, Greenhouse and Bak-  
 ery  
 Flying Pond Farm  
 Gazebo Market  
 Gray Feather Farm  
 Harnden's Harvest Hutch  
 Hoof 'N Paw Farm and Greenhouse  
 Island Farm  
 King Farms  
 Knowlton Corner Farm  
 Ledoux Family Farm  
 Marble Family Farm  
 Maguire Family Farm  
 Morrison Hill Farm  
 Mosher's Seafood 'N More

## List of Farms, Orchards and Bakeries

### 1. Bailey Hill Farm

Konrad Bailey  
639 Bailey Hill Road, Farmington  
778-4595  
kmbailey@localnet.com  
Open daily.  
Natural milk, eggs, ice cream, ground beef, butter. Sold at the farm or delivered to homes. Bailey Hill Milk is sold in many local stores. Both retail and wholesale sales. Available pasteurized or unpasteurized. Off Maple Ave in Farmington, road turns into Bailey Hill Road. First farm on right.

### 2. Baroque Acres

464 Starks Road, New Sharon  
778-0167  
sallygoatress@yahoo.com  
Please call ahead.  
Goat farm specializing in show goats and pets. Retail sales. Several breeds: Alpine, Oberhasli, Toggenburg, Recorded Grade, Nigerian Dwarf and Pygmy. Some buck service. Tours for children's groups.

### 3. Black Cat Products

Ashley Bessey  
Rte 41, Chesterville  
778-3065  
Breads, pastries, cakes, wedding cakes, etc. Also catering. Some items sold at Up Front and Pleasant Gourmet. Retail and wholesale sales. Special orders, call for delivery.

### 4. Boothby's

Rob Boothby  
Boothby Road, Livermore  
754-3500  
rhboothby@adelphia.net  
Pick-your-own apples. Sixth generation farm.

### 5. Caldwell Farms

Ralph Caldwell  
313 North Parish Road, Turner  
225-3871 or 754-3871  
rvlcow@megalink.net  
Open daily with advanced notice. Please call ahead.  
MOFGA certified organic beef and dairy, natural beef. Organic milk, pasteurized and raw. Retail and wholesale sales at the farm. Visit the farm. From Rt. 4, take Rt. 117 north for 3.9 miles. You will see a 100-acre field on the left, the farm is on the right.

### 6. Carrabassett Coffee Company

Tom Hildreth  
North Main Street, Kingfield  
265-2326  
carrcoff@tds.net  
www.carrabassettcoffee.com  
Open Mon. to Fri. 8am-5pm. Saturdays by chance.  
A working coffee roastery with green beans from all over the world. Purchase coffee in 8 oz to 5 pound bags. North Main St. in Kingfield (go north on Rt. 27, we are ½ mile from town center).

### 7. Clark Farm

Bonnie Clark  
946 Fairbanks Road, Farmington  
778-6637  
bonnieclark@midmaine.com  
Please call ahead or open by chance.  
Organically grown vegetables and berries. Retail sales at farm and Senior FarmShares. Also at the Sandy River Farmers Market. On Rt. 4N toward Rangeley, 3 miles out of Farmington.

## List of Farms, Orchards and Bakeries

### 8. Coburn Farm

Joann S. Rogers  
4343 Carthage Road, Dixfield  
562-7092  
jsrogers@mpdu.com  
www.real-food.com  
19th century working farm with a few organically fed cows and chickens. "Farmgate sales" of Jersey milk, eggs from roaming chickens. I also sell my book, Keeping a Family Cow. Book can also be purchased on the website.

### 9. Cold Spring Ranch

Gabriel Clark and Amanda Waterhouse-Clark  
1 Reed Road, North New Portland  
628-4272  
gabe.clark@coldspringranch.com  
www.coldspringranch.com  
We specialize in raising all natural grass fed beef, raised on organically managed pasture. We practice humane animal treatment and produce our beef using environmentally friendly practices. Retail, website and wholesale orders. Call to schedule pickups or deliveries. The farm is located off RT. 16 between Kingfield and N. New Portland, take Gilman Pond Road north off Rt. 16, follow for 1.5 miles then turn left on Reed Rd.

### 10. Cookies From The Heart

Ann-Marie Comeau  
128 Stanwood Park Circle,  
Farmington  
778-6133  
kookielady@usadatanet.net  
Open daily 8am-9pm.  
Homemade cookies in gift arrangements delivered locally or priority mail. Specialty is chocolate and pumpkin whoopie-pies. Allow 2 days

for personal delivery, 2 weeks for holidays.

### 11. Cranberry Creations

John Harker and Debra Parry  
905 Sandy River Road, Mt. Vernon  
293-2356  
wildcran@fairpoint.net  
www.cranberrycreations.com  
Open weekends, Oct. 1 to Thanksgiving.  
Fresh cranberries and cranberry plants. Order anytime for the next season. Retail, website and wholesale sales. Pick up on weekends between Columbus Day and Thanksgiving. Rt. 2 & 27 to Farmington Falls, then Rt. 41S approx. 15 miles.

### 12. Cricket Hill Farm

Rick and Sally Speich  
107 Vacation Estates Lane, Farmington  
779-1876  
richsp@beeline-online.net  
www.thecountrycricket.com  
Open daily year round. Call ahead for farm tours.  
Naturally raised, grass fed free-range lamb and sheep for the freezer. Pick-your-own pumpkins and squash and other vegetables in season. We will arrange farm tours and overnights at our B&B. Special weekends during lambing time. Also check www.mainesheepbreeders.org. Farm stand at the entrance of farm, 1 mile up Holley Rd. in Farmington, off Rt. 4.

### 13. D.R.T. Works Farm

Troy and Diana Gusler  
14 Blake Hill Road, Phillips  
978-500-9936  
troygusler1@hotmail.com  
Open daily.

## List of Farms, Orchards and Bakeries

Organically grown corn, pumpkins and cukes for pickling. Raspberries, blackberries, brussel sprouts, broccoli, carrots and more. Pick-your-own vegies. Seedlings, cut flowers, jams, jellies and pies in season. Eggs from Aracuna chickens, laying pastel colored eggs. Fifteen minutes from Farmington on Rt. 4. One minute past Edwards Market, signs for farmstand on the right.

### **14. Fare Share Farm, Greenhouse and Bakery**

Albert Small and Lauri Ackley  
641 Canton Point Road, Canton  
597-2746  
orgro@megalink.com  
Open Mon. to Sat., 9am-5pm.  
Vegetables in season including artichokes, eggs, Nubian dairy goats, pigs, turkeys. All heritage breeds. Offer CSA shares and work share apprenticeship. Farm stand, bakery and greenhouse. 641 Canton Point Rd., Rt. 2 after Dixfield.

### **15. Firth's Fruit Farm**

Grace Firth  
26 Intervale Road, New Sharon  
778-3904  
Open August to Sept.  
Pick-your-own high bush blueberries. Call for availability. Rt. 134 or Cape Cod Hill Rd. in New Sharon to George Thomas Rd., then onto Intervale Rd.

### **16. Flying Pond Farm**

David Blanchard and Cindy Rubinfine  
184 Townhouse Road, Vienna  
293-4701  
flyingpondfarm@pivot.net  
Salad mesclun mix year-round, toma-

toes mid June-November, assorted other vegetables, organic eggs. Organic certified by MOFGA. Call ahead for Saturday pick up. Also available at the Better Living Center and Upfront and Pleasant Gourmet. Rt. 41 from Farmington. Half mile before Vienna on right.

### **17. Gray Feather Farm**

Pauline Rynnanen and Dona Dashnau  
200 Bean's Corner Road, New Sharon  
491-9024  
wildapple7egmail.com  
Please call before visiting. Mornings are best.  
Naturally grown vegetables with emphasis on winter greens in unheated hoophouse. Retail and wholesale sales. Visitors welcome. 4 miles off Rt. 2 heading towards Starks. Left on Bean's Corner Rd. 1 mile on left look for the farm sign.

### **18. Greany's Turkey Farm**

Scott and Tracy Greany  
Main Street, Box 980, Mercer  
587-4062  
Please call in the evening.  
Naturally grown chem-free chickens and turkeys. Custom slaughtering of poultry under state inspection. 12 miles east of Farmington on Rt. 2, turn left and go one mile.

### **19. Hall Farm Maple Products**

Rodney Hall  
Rte 2, East Dixfield  
645-2862  
info@hallfarms.com  
www.hallfarms.com  
Open 10am-3:30pm. Call ahead or by appointment.  
Maple products, organic dairy, and

## List of Farms, Orchards and Bakeries

hay. Steam rising from the sugar-house is always an invitation to stop by. East Dixfield: Rt. 2.

### 20. Hall's Wild Blueberries

Jo-Ann Pillsbury  
473 Townhouse Road, Vienna  
293-2334  
Blueberries available at farmstand around third week in July. Also eggs. Rt. 41 in Vienna, north end of Tower Rd. on left.



### 21. Harnden's Harvest Hutch

Pam Harnden and Family  
Main St. and McLaughlin Road, Dryden  
645-2568 or 645-2568 in winter  
harnnp@exploremaine.com  
Open July to November. Please call ahead.  
More than 20 varieties of sunflowers as well as numerous annual and everlasting flowers. We sell apples, mixed vegetables, herbs, dried and fresh flowers. Farm tours and pick-your-own apples and flowers. Retail sales at farmstand. Main St. and McLaughlin Rd. 1 mile west from East Wilton Post Office.

### 22. Henry Hardy Farm

Henry and Teresa Farm  
360 Weeks Mills Road, Farmington  
778-6446  
Open 9am-3pm.  
Dairy sold wholesale. Hay available for retail sales at the farm. Take Rt. 43 east out of Farmington 1.8 miles. Weeks Mills Rd. is on the right. Farm is 1.2 miles on the left.

### 23. Hidden Valley Alpacas

Richard and Lisa Emery  
78 New Portland Hill Road,  
New Portland  
628-2211  
hiddenvalleyalpacas@tds.net  
www.HiddenValleyAlpacas.com  
Open Mon. to Sun. Please call ahead.  
We raise alpacas and sell fiber. We offer retail sales of our animals and also board other alpacas at our farm. New Portland Hill Rd. is just off Rt. 146, first farm on left.

### 24. Hoof n' Paw Farm and Greenhouse

Karla Bock and Bob Basile  
168 Starks Road, New Sharon  
778-3903  
Greenhouse open first weekend in May to third weekend in June. Fri., Sat. and Sun, 9am-5pm or by appt. MOFGA certified USDA seedlings, mixed vegetables, herbs, potatoes, dry beans, garlic and fertile eggs. Raw fleeces. Retail and wholesale sales at the farm and at Sandy River Farmers Market. Seedlings in season. At blinking light on Rt. 2 in New Sharon, take Starks Rd. (Rt. 134N) 3/4 mile. Farm is on the left after baseball field.

## List of Farms, Orchards and Bakeries

### 25. Island Farm

Ellen and Jim James  
15 Farm Road, Avon  
639-5044  
islandfarm@tds.net  
Open most days. Please call ahead.  
Naturally raised vegetables, beef,  
chicken and pork. Certified organic  
hay. Seedlings available. Retail and  
wholesale sales. Ask about CSA  
shares and Senior FarmShare. Also at  
the Sandy River Farmers Market.  
Take Rt. 4N from Farmington to  
Strong. Take Rt. 145N for half mile,  
then take left onto Rt. 149 and go 4  
miles. Farm Road is on the left.

### 26. Jackson Mountain Farm

John Hodgkins  
8 Jenkins Road, Temple  
846-4570  
jhodgkins5@verizon.net  
www.mainemapleproducers.com  
Open by chance.  
Maple products. Christmas trees, cut-  
your-own. Sugarhouse is open when  
the sap runs and on Maine Maple Sun-  
day. Boiling usually begins after  
lunch and continues, sap permitting,  
until about 5 pm. Take Rt. 43 to  
Temple Village. Turn left on Iisalo  
Rd. in center of town and go 1 mile to  
sugarhouse. Farmhouse is 2.4 miles  
beyond Temple Village on Intervale  
Rd. at end of pavement.

### 27. King Farms

Cher P. King  
143 School Street, Weld  
585-2025  
loncher@tds.net  
www.ebay.com (jam, jelly)  
Open daily, 9am-5pm.  
Farm fresh eggs, Shetland wool fiber,

fresh lamb meat, chickens, pork, goat  
cheese, a variety of fresh fruits and  
vegetables, and handmade quilts.  
CSA shares available. Rt. 156 E, 11  
miles from Wilton, past the Maine  
forestry station but before Proctor's  
Pond with the windmills.

### 28. Knowlton Corner Farm

Arleen Govoni  
341 Knowlton Corner Road, Farmington  
778-6520  
bobg@beeline-online.net  
www.knowltoncornerfarm.com  
Open year round, Mon. to Fri., 9am-  
5pm and Sat. 9am-4pm.  
Indoor farm market offering native  
Maine produce and Maine made prod-  
ucts. Retail and wholesale. Also sell  
via email inquiries. Homemade  
breads, pies and pastries and vegeta-  
bles, fruits, maple, honey, jams and  
jellies, eggs. Also artisan products.  
Rt. 4 south from Farmington, left onto  
Knowlton Corner Rd., 1 mile on right.

### 29. Ledoux Family Farm

Jeffery and Susanne Ledoux  
184 Rte 133, Wilton  
645-9484  
jefcled@usadatanet.net  
Please call ahead.  
All natural vegetables, lamb meat and  
pasteurized goat milk. Rt. 133, 1.9  
miles from Franklin Memorial Hospital.

### 30. Living Acres Too

Kathy and Tony Ramsey  
251 Weeks Mills Road, New Sharon  
778-2390  
Open May to June.  
Vegetable seedlings grown in Living  
Acres potting mix. 8 miles east on Rt.  
2 & 27. 1 mile up Weeks Mills Rd.

## List of Farms, Orchards and Bakeries

### 31. Lone Antler

Jeff, Rachel and Caleb Hodsdon  
58 Morrison Hill Road, Wilton  
578-1035

jacksonrm@yahoo.com

Please call for appointment.

Alpaca farm with activities for the family. Organically grown apples and pick-your-own pumpkins. Alpaca yarn. Take Rt. 43 towards Temple. Left onto Morrison Hill Rd. Follow straight almost to the end of the road (House in East Wilton).

### 32. Maine Maple Garden, Inc.

Gaetan and Stephen Boisvert  
Gorham Gore Township, Franklin County  
668-9516

Maple syrup and maple products.  
Certified organic. Wholesale sales.

### 33. Marble Family Farm

Andrew Marble  
853 Holley Road, Farmington  
779-4858

Farmstand open Fri. and Sat. Please call for appointment to see the farm. Four generation farm using environmentally sustainable practices. Organically grown mesclun mix (salad greens), spinach, blackberries and various vegetables. Rt. 27N from Farmington 3.5 miles after Rt. 4 & 27 split, turn right onto the Holley Rd. Farm is 4/10 miles on left. Look for sign. Also farmstand Fri. & Sat. in Narrow Gauge Cinema parking lot, Front St., Farmington.

### 34. Maguire Family Farm

Judy Maguire  
74 North Main Street, Strong  
684-3176

Organically grown vegetables and berries. Farmstand. Six years in business.

### 35. Maple Valley Farms, Inc.

Tony and Irene Couture  
1304 Franklin Road, Jay

645-9549

pti@megalink.net

Open afternoons and evenings when sap is boiling. Call for an appointment. Fully modernized sapping operation for the production of maple syrup and maple candies. Small retail sales at the sap house. Also wholesale. 7 miles north of Livermore Falls on Rt. 133, 1.5 miles south of Beans Corner (Rt. 156 & 133 junction.)

### 36. Masterman Family Farm

Andrea Nurse  
16 Masterman Drive, Avon  
639-4496

abnurse@hotmail.com

Open daily, first through third weekend in August, 9am-6pm.

Pick-your-own, organically grown, high bush blueberries. Wholesale and retail. Berries sold at the farm and at Edmunds Market in Phillips and Tranten's General Store in Kingfield. 1.5 miles south of Phillips bridge on River Rd. (Rt. 149).

### 37. McClure's Tree Nursery

Howell and Linda McClure  
251 Salem Road, Kingfield  
265-4931

Open May through December, daily, 8am-6pm. Please call ahead for availability. Choose-and-cut and pre-cut Christmas trees, Balsam fir and Blue Spruce, sizes small to large. Also balled and burlapped landscape trees.

## List of Farms, Orchards and Bakeries

Located on Salem Rd. (Rt. 142).

### 38. More Acres Farm

Judy Smith

141 More Acres Road, East Dixfield  
645-2468

Balsam fir wreaths - all sizes, kissing balls, swags and door arches made to order. Personalized and specialty wreaths. Also cone wreaths and holiday table centerpieces.

### 39. Morrison Hill Orchard

Jeanne and Jerry Simpson

272 Morrison Hill Road, Farmington  
778-4945

Open June to Nov., Tues. to Sun.,  
9am-5pm.

Over 20 varieties of apples, pick-your-own or pre-picked, available in bags or bushels. Raspberries, pumpkins and squash also available. PYO apples Sept/Oct; PYO raspberries June/July. From Rt. 43 in West Farmington go straight through 4-way stop, then first left onto Morrison Hill Rd. Orchard is 1/2 mile on the left.

### 40. Nanna's Cakes and Small Party Catering

Penelope Anna Diebold  
28 Sawyer Street, Phillips  
639-2226

### 41. Nezinscot Farm

Gregg and Gloria Varney  
284 Turner Center Road, Turner  
225-3231

nezfarm@megalink.net  
www.nezinscotfarm.com

Open Mon. to Fri. 6am-6pm, Sat.  
7am-5pm, closed Sunday.

Organic and biodynamic beef,  
chicken, lamb, pork, veal, goat, tur-

key, duck and goose. Milk, goat and cow cheese, vegetables, baked goods, natural foods. Retail, website and wholesale sales. Also open on Maine Farm Day the last Sunday in July. From Rt. 4S, 1 mile on Rt. 117S.

### 42. North Star Orchards

Jennifer Dimock

97 Orchard Road, Madison  
696-5109

northstarorchards@hughes.net

Open Sept. to Christmas weekends  
10am-5pm. Mon. to Fri. by chance or  
appointment.

Retail store offering apples, cider, jams, syrup and other Maine products. Pick-your-own apples late August through Mid-October. Farm tours available. Located on Orchard Rd. off Rt. 43, 6.5 miles east of Madison Village.

### 43. O'Connor's Orchard

Bob and Pearl O'Connor  
709 Holley Road, Farmington  
778-2360

Open in the daylight.

Apples in any quantity. Rt. 4N, right  
on Holley Rd., 3 miles in.

### 44. Peace and Plenty Farm

Hopie and Lloyd Griscom  
1232 Reed's Mill Road, Phillips  
639-5550

Lloyd.griscom@gmail.com

www.organicblueberry.com

Open Tues. to Sun., 9am-5pm or by  
appointment. Please call ahead.

Fresh, frozen and dried blueberries.  
Certified "organic wild Canadian sour-  
top". Sales at farm and we pick  
special orders. Tea and preserves  
when available. From Phillips, take

## List of Farms, Orchards and Bakeries

142N, left at Manzer's Hot Mix Plant sign, onto East Madrid Rd. 7 miles to field on left. Park in field near sign.

### 45. Pike's Strawberries and Corn

David and Verna Pike

115 Mountain View Road, Farmington  
778-2187

Please call ahead.

Pick-your-own strawberries based on availability. Also, strawberries, corn, peas, and vegetables sold at farm stand located at the Subway parking lot on Rt. 2 & 4 in Farmington.

### 46. Pleasant Acres

Mark Beauregard

201 Pleasant Street, Rangeley  
864-5040

beaumail@verizon.net

Choose and tag your perfect Christmas tree from July through October by appointment. Open daily until night-fall from Thanksgiving Day to December 22 for choose and already cut trees. From Main St. Rangeley (Rt. 4) turn onto Pleasant St. (Rt. 16). Go 1/4 mile to intersection and continue straight up the hill 3/4 mile. Farm is on the right.

### 47. Pooh Corner Farm

Carole and Richard Duplessis

436 Bog Road, Bethel

836-3276

poohfarm@megalink.net

www.poohfarm.com

Open Tues. to Sun., 9am-5pm. Closed Monday.

Year round greenhouse, garden and florist. Poinsettias, spring forced bulbs, fall mums, weddings, bedding plants, hanging baskets, perennials and herbs. Retail and wholesale. Workshops and

farm tours. Farmstand. We will ship, simply phone us. Rt. 2 east 5 miles from Bethel, look for signs to take left onto Bog Rd. Farm is 2.5 miles, at the end of Bog Rd.

### 48. Pretty Maids All in a Row

Brandice Dotolo

14 Blake Hill Road, Phillips

978-500-9936

Open daily.

Vast variety of flowers and flower arrangements. Fifteen minutes from Farmington on Rt. 4. One minute past Edwards Market, signs for farmstand on the right.



### 49. Puckerbrush Farm

Celine and Robbie Richards

76 Jersey Avenue, New Sharon

779-0976

Open seasonally.

Certified organic small family farm raising Simmental beef cows. Watermelons, cantaloupe and vegetables galore. Seedlings, flowers, petunia waves, pansies, impatiens, marigolds and more. Retail sales.

### 50. Robin's Flower Pot

Robin Jordon

387 Webster Road, Farmington

778-5937

garden@robinsflowerpot.com

## List of Farms, Orchards and Bakeries

www.robinsflowerpot.com  
Open daily 8am-7:30pm. Opening  
April 21.  
Large lines of vegetable and herb  
seedlings. Flowers, trees, and shrubs  
also available. Retail sales. Some  
items may be ordered by email. From  
Rt. 2 & 4 south, left at blinking light  
before Wal-Mart (Knowlton Corner  
Rd.), right after a quarter mile.  
Webster Rd., 1 1/4 miles on right.

### 51. Sandy River Apples

Francis Fenton  
Sandy River Road, Mercer  
587-2563  
Open Sept. 15 to Oct. 30. Call for  
hours and availability.  
Apples, old varieties. Pick-your-own  
and pre-picked at farm stand. From  
Norridgewock turn right off Rt. 2 at  
blinking light in Mercer, then 2nd  
right on Sandy River Rd., 1 mile to  
orchard.

### 52. Sandy River Farm

Brenda and Bussie York  
560 Farmington Falls Road,  
Farmington  
778-3835 or fax 778-9448  
Pumpkins, dry beans, squash toma-  
toes, cucumbers, organic milk, and  
sweet corn. Also sold at Mosher's  
Seafood 'n More and Dunham's Lob-  
ster Pot. Farm stand on lower Main  
St. by Irving's Gas Station, August to  
mid-September. Farm on Rt. 2 & 27,  
or 2+ miles on Farmington Falls Rd.

### 53. Second Chance Farm and Longfellows Creamery LLC

Kathy and Liam Trodden  
20 Maple Lane, Avon  
639-2074

kht@adelphia.net  
www.longfellowscreamery.com  
Open year round. Please call ahead.  
MOFGA certified, free-range, grass-  
fed beef, pork and vegetables. Raw  
milk and farmstead cheeses from our  
organic Jerseys. Baked goods, maple  
syrup, vegetable and beef stock also  
available. Milk is seasonal. Retail  
and wholesale. Call to pick up.  
Products also available at the Sandy  
River Farmers Market.

### 54. Shady Lane Farm

Martin and Rebecca Lane  
108 Brehmer Road, New Vineyard  
652-2378  
Please call ahead.  
All natural meat, piglets to raise, vege-  
tables in season, eggs, and maple  
syrup. Retail and wholesale sales.  
Animals to see (deer, llamas, and  
peacocks) on visits to the farm or on  
Maine Farm Day, last Sunday in July.  
From Rt. 27N, 2 miles on Rt. 234E.  
Watch for sign and take gravel road to  
right.

### 55. Source 365 CSA Farm

Sara Mulvey and Joe Hodgkins  
365 Clovermill Road, Farmington  
778-6289  
www.source365.net  
Open Mon. to Fri., 9am-4pm  
Fruits and vegetables grown for CSA  
shares. Value-added products. Follow  
Rt. 43 west about 2 miles past Max-  
wells Market. Turn right onto Clover-  
mill Rd. just before a bridge. Follow  
for about 1 mile. White house on right.

### 56. Spinning Wheel Farm

Joy Warren  
423 Knowlton Corner Road, Farmington

## List of Farms, Orchards and Bakeries

778-9213

Available by appointment.

Hand spun yarn and finished products for sale. Can spin dog hair and teach spinning techniques, if requested.

### 57. Springside Acres

Randall, Jill, Nathan and Alison Bates  
577 Anson Valley Road,  
New Vineyard  
652-2375

Mulch hay, hay, organic milk, and naturally grown pumpkins and squash in season. Rt. 27N to Rt. 234E for 3 miles. Dairy farm on the right.

### 58. Stanley End Farm

Alice Van Derwerken and  
Dave Sprague  
441 Mercer Road, Rome  
397-4214

Open end of June to late August, daily during berry season and by chance. Farm open year round.

Hours: dawn to dusk.

Pick-your-own strawberries and raspberries. Preserves made from the farm, vegetables and maple syrup.

Farm store, retail and wholesale sales. Take Rt. 2 & 27 to Mercer Road.

### 59. Stevenson's Strawberries and Levesque's Farm Stand

Ford and Tom Stevenson  
69 Berry Road, Wayne  
685-3532 or 524-3000 (stand)  
fordstevenson@adelphia.net  
www.stevenstrawberries.com  
PYO fields open daily 7am-8pm, late June to mid-July. Stand open daily 9am-7pm, late June to Sept.

Family owned and operated fruit and vegetable farm of 30 years. Pick-your-own strawberries. Natural and organic fruits, berries, vegetables,

value-added products, honey and maple at the farm stand. Retail and wholesale. Sign up for CSA shares by May 30. Farm stand on Rt. 219 near Wayne/Leed line. Strawberry fields on Tuckers Road, Wayne off Rt. 133 near Wayne/Livermore Falls line.

### 60. Stone Corner Farm

Mary and Joe Rankin  
842 Industry Road, New Sharon  
778-3359

cntryfolk@ime.net

Call or visit the farm.

Raw, filtered honey from local wildflower nectar and personal care products made from beeswax. From Farmington, take Rt. 2 & 27 to New Sharon, left at blinking light, first left onto Industry Rd., 4.3 miles on left.

### 61. Sweetland Farm

Julia Stires  
Rte 134, Starks

Organic vegetables, hay and straw.

Retail and wholesale sales at the farm.

Located in Starks. From Rt. 2 & 27 take Rt. 134N 7 miles, 1 mile on gravel road to right.

### 62. Sweet Maple Farm

Roger G. Hall  
391 Weld Road, Wilton  
645-4596

Open in season, Mon. to Fri., 12pm-6pm. Sat. and Sun. 10am-5pm.

Maple syrup, blueberries, and vegetables in season. Retail sales at farmstand. Rt. 156 towards Mt. Blue State Park, about 1 1/2 miles from town.

### 63. Terry's Orchard

Terry and Iris Trask  
11 Trask Lane, Jay  
645-4865

## List of Farms, Orchards and Bakeries

Apples sold at the farm, also in Farmington from a truck in Gifford's parking lot, in Jay at Moosehorn Trading Post, and in other surrounding towns. From Rt. 4S go right onto Lake School Rd., right onto Keep Rd., left at Trask Lane. Follow signs.

### **64. The Chickadee's Nest**

Julie M. Staples  
217 Owen Mann Road, Farmington  
778-6602  
nest@mainewest.com  
www.thechickadeesnest.com

Herbal soaps, dried flowers and wreaths, catnip toys, and bath products. Naturally grown produce in season, and cut herbs and flowers. Retail, website and wholesale sales. Also at the Sandy River Farmers Market.

### **65. The Turkey Farm**

Marilyn and Bob Neal  
209 Mile Hill Road, New Sharon  
778-2889  
turkeyfarm@gwi.net  
www.theturkeyfarm.com  
Open Wed. and Fri., 2pm-6pm; Sat. 10am-2pm and by chance. Longer hours during holiday season.

Whole turkey, turkey parts, ground turkey and pies. Fresh whole turkeys late summer through early winter and frozen year-round. Maine's largest turkey farm, producing 40 items from turkeys raised outdoors without antibiotics, hormones or genetically engineered feed grains. CSA shares, wholesale, website and retail farm store sales. Farm is on Rt. 27 In New Sharon, one mile south of intersection with Rt. 2.

### **66. Thompson's Novelty Acres**

Rosetta Thompson  
187 North Road, Fayette  
897-6930  
Fresh, succulent peaches, apricots, pears, plums and veggies in season. Peachy Beginnings jams made from local fruits and berries. Available August through September. 1 mile off Rt.17 in Fayette on the North Rd. follow signs to Thompson's Novelty Acres.

### **67. Venter Yes.ter.year Farm**

John Venter  
89 Butterfield Road, Industry  
491-2654  
Call for availability, delivery and hours.  
Naturally raised Hereford Heritage hogs, meat orders, breeding stock, 4H projects. Retail and wholesale sales. Dirt hogs, good clean fun. Blueberries, vegetables, herbs and dairy in future. Felted crafts, walking sticks and birch bark houses and crafts. On Rt. 43 in Industry, 5 miles past Clearwater Lake on the right. Look for farm sign.

### **68. Verdevale Farm**

Alfred Bolduc  
1100 Middle Road, New Portland  
265-2600  
Please call ahead. Also open Maple Sugar Sunday.  
Fine Maple syrup, all grades available in all sizes: mini to barrel. Retail sales. Dealer for mapling equipment. Take Rt.16 Riverside St. in Kingfield parallel to the river. Then onto Middle Rd., 3 miles, farm sign is on the right.

## List of Farms, Orchards and Bakeries

### 69. Wheeler Hill Farm

Sarah Sousa  
72 Wheeler Hill Road, Phillips  
639-2166  
hilltop@tds.net  
Open by chance.  
Fiber-producing farm and farmstand with organically grown vegetables, herbs and fertile eggs from free-range chickens. Mohair and Romney sheep wool, hand-spun yarn and felted items, specializing in needle-felted primitive dolls and angels. Available at the farm or at Sandy River Farmers Market. Fiber art also at Sugarwood Gallery in Farmington.

### 70. Whitehill Farm

Mike and Amy LeBlanc  
357 McCrillis Corner Road, East Wilton  
778-2685  
amy@whitehillfarm.com  
Open daily Memorial Day weekend to first week in June, 10am-5pm or by appointment.  
Certified organic since 1992. Tomatoes and vegetables, culinary herbs, pestos, berries, apple cider vinegar (live or pasteurized). Heirloom varieties of flower, herb and vegetable seedlings. Value-added products. Retail and wholesale. Also at the Sandy River Farmers Market and Maine Farm Day. From corner of Rt. 2 & 133 west of Farmington, go south on Rt. 133 1 1/2 miles, turn left at the first four corners onto McCrillis Corner Rd. We are 1/2 mile from the corner at the top of the hill on the right.

### 71. Whitetail Acres Farm

Bernadette Luncsford  
139 Walker Hill Road, Wilton

645-3998

samandnadette@verizon.net  
www.whitetailacresfarm.com  
Please call ahead.  
Naturally grown vegetables, peppers, tomatoes, plums, peaches, watermelon, grapes, berries, eggs, basil and cilantro. Cut flowers, roses, perennials, honey and wool. CSA shares. Retail, website and wholesale sales. Accept food stamps. Take Rt. 2S from Farmington and Wilton. After the Lakeview Cemetery, take Walker Hill Rd. on left. We are less than 1 mile, 5th house on the right.

### 72. Whitewater Farm

Russell and Jan Dodge  
28 Mercer Road, New Sharon  
778-4748  
Open year round, weekdays 9am-7pm, Sat. 8am-5pm, closed Sunday.  
Naturally raised meat in large or small quantities. Beef, pork, lamb, chicken, turkey and venison. Fruits and vegetables in season, dairy, eggs, maple, honey and farm products. Whitewater Farm meat and produce and farm products from other Maine farms. Retail sales. Rt. 2 & 27 east 10 miles from Farmington, just beyond the bridge in New Sharon. Large sign on left reads All Natural Meats.

### 73. Wilton Blueberry Farm

Jan Collins and Irving Faunce  
83 McLaughlin Road, Wilton  
645-2128  
wiltonberry@gwi.net  
www.wiltonblueberryfarm.com  
Open mid-July to late Sept., Mon., Wed., Fri., Sat., and Sun. 8am-4pm. Tues. and Thurs. 12pm-7pm.  
Pre-picked and pick-your-own high

## List of Farms, Orchards and Bakeries

bush blueberries. Call to order in advance. In Wilton, behind Harnden's Harvest Hutch.

### 74. W.S. Wells and Son

Adrian Wells Jr.  
83 High Street, Wilton  
645-3393

Canned fiddleheads, dandelion greens, dilly beans. Canned baked beans, venison stew. Sold at the cannery at wholesale prices and in some stores.

### 75. York Hill Farm

John and Penny Duncan  
257 York Hill Road, New Sharon  
778-9741

Open daylight hours, please call ahead.

Natural goat milk cheeses, fresh and aged. Retail and wholesale. North on Rt. 27, 7.7 miles from Belgrade Lakes. York Hill Rd. is on the right, 2.5 miles south from junction of Rt. 2 & Rt. 27. On York Hill Road the farm is 1.3 miles in, on the left. Blue house, gray barns, sign.

### 76. Washburn Norlands Living History Center

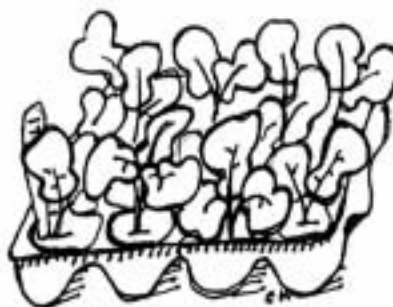
Mary Castonguay  
290 Norlands Road, Livermore  
897-4366

director@norlands.org  
www.norlands.org

Call for availability or stop by the farm.

Products grown naturally on 19th century farm: eggs, vegetables, wool yarn, dried beans, maple syrup, pumpkins and cornstalks for decorating and manure. Honey and homemade soaps from area farms in our gift shop. Historic living history farm with live-in

programs, demonstrations, events and programs for schools. Route 4 from Livermore Falls and turn left onto Gibbs Mill Road. Turn right onto Norlands Road at the fork.



*Fruits and vegetables can be great sources of key nutrients which may play a role in reducing the risk of certain diseases. Including cancer, heart disease, high blood pressure and other chronic illnesses.*

## Farmers Markets & Stores with Local Food

### **77. Sandy River Farmers Market**

Julia Staples  
Front Street, Farmington  
778-3115

Open Fridays from 9am-2pm. The first Fri. in May to last Fri. in October.

Located between the Better Living Center and Narrow Gauge Cinema in Farmington. WIC vendors.

### **78. Gazebo Market**

Marilyn Grant  
Downtown Livermore Falls, Livermore Falls  
897-4514

Open Saturdays 9am-1pm, June 24 to Sept 30.

Located downtown at the Livermore Falls Gazebo. Saturdays 9am to 1pm, June 24 - Sept 30. No charge for vendors.

### **79. Better Living Center**

181 Front Street, Farmington  
778-6018

Open 6 days, closed Saturdays. A store with local apples and greens, various produce, herbs, eggs, bread, Bailey Hill milk, York Hill goat cheese from New Sharon, honey, maple syrup and butter. Maine food products which can be ordered in quantity.

### **80. Mosher's Seafood 'N More**

Stephen and Peggy Mosher  
595 Farmington Falls Road, Farmington  
779-0544

Open daily, Mon. to Sat. 9am-7pm and Sunday 10am to 5pm.

Store with local products. Maine seafood, corn, squash, pumpkins,

potatoes, dry beans, poultry, canned goods, maple products, eggs, dairy, fruits and berries.

### **81. Organic and Otherwise**

Cathy Butterfield  
320 Main Street, Jay  
897-1001  
organicandotherwise@yahoo.com  
Open Mon. to Wed. 9am-5pm,  
Thur. to Fri. 9am-5:30pm and Sat.  
9am-1pm.

A store that sells local organic and natural health foods, products and supplements. Local maple syrup, milk, eggs, meats, breads, apples, produce, fiber products, and homemade pet foods. We can do special bulk orders. Main St. in Jay is Rt. 4. Across from the Jay Plaza, store sits on a hill.

### **82. Ron's Market**

119 High Street, Farmington  
778-3344

Open daily.  
Store carries Bailey Hill Farm milk and ice cream, local berries, fiddleheads, and produce. Opposite the Farmington Fairgrounds.

### **83. Spice of Life Natural Foods Store**

Bryce M. Boynton  
338 Madison Ave, Suite 10, Skowhegan  
474-8216

spiceoflife@verizon.net  
www.spiceoflifemaine.com  
Open Mon. to Thurs. 9am-6pm.  
Sun. 10am-5pm. Closed Sat.  
Store selling naturally and organically grown fresh produce, baked goods and hot soup in winter. Large

## Farmers Markets & Stores with Local Food

herb and spice help-yourself section. Honey, personal care products, organic milk, organic wild blueberries and cranberries, and certified organic eggs. Local turkeys in season. Bulk orders, retail and email sales. Help farms with wholesale orders.

### 84. Up Front and Pleasant Gourmet

157 Front Street, Farmington

778-5671

Open Mon. to Sat.

A store with local eggs, bread, greens and other seasonal vegetables, York Hill cheese, pickles, vinegar, herbs & spices, honey, baked goods, wild mushrooms, and fiddleheads. Maine wines.



### FARMS WHO MAY SELL THEIR PRODUCTS TO SCHOOLS or RESTAURANTS

Bailey Hill Farm  
Caldwell Farm  
Cold Spring Ranch  
Fare Share Farm, Greenhouse and Bakery  
Gray Feather Farm  
Harnden's Harvest Hutch  
Hoof 'N Paw Farm and Greenhouse  
Island Farm  
Jackson Mountain Farm  
King Farms  
Knowlton Corner Farm  
Marble Family Farm  
Maple Valley Farms, Inc.  
Masterman Family Farm  
Organic and Otherwise  
Peace and Plenty Farm  
Puckerbrush Farm  
Second Chance Farm and Longfellow's Creamery, LLC  
Source 365 CSA Farm  
Stanley End Farm  
Stevenson's Strawberries and Levesque's Farm Stand  
Sweetland Farm  
The Turkey Farm  
Venter Yes.ter.year Farm  
Verdevale Farm  
Wheeler Hill Farm  
Whitetail Acres Farm  
York Hill Farm

## Free Food

**Food from Food Pantries can be picked up free once a month by people who are income eligible. Farmers and gardeners who have agreed to PLANT A ROW bring fresh produce to the pantries to feed the hungry**

**Wilton Area Food Pantry**  
Wilton Methodist Church, 600 Main St.  
Phone: Kitty and Al McDonald  
645-2190 (H), Church: 645-4885  
Hours: Tues-Fri 10AM – Noon

**Clearwater Ministry**  
Old Fire Station, West Mills, Industry  
Phone: Pauline Oakes 778-4523,  
Brenda Bickford 778-3368  
Hours: Mon 9AM – 11AM and  
Wed 5PM - 6:30PM

**Town of Carthage Food Bank**  
Carthage Town Office  
Phone: Steve Brown 562-8874 (town  
office), 562-7078 (H)  
Hours: Open as needed

**Phillips Shared Ministry**  
Phillips Methodist Church, 83 Main St.  
Phone: Pat Matulaitis 639-3786,  
Madeline Haines 639-3366,  
Evelyn Wilbur 639-4287  
Hours: 2<sup>nd</sup> & 4<sup>th</sup> Tues 9AM-Noon

**FAEM Care and Share**  
Fairbanks School Meeting House Rt. 4,  
Fairbanks  
Phone: Carolyn McLaughlin 645-2312,  
Janice David 778-2037, Anita Holmes  
778-3211, Care & Share (Fairbanks)  
778-3833  
Hours: Mon - Wed & Fri. 12PM – 2PM.  
Thurs 4PM – 6PM, except holidays.

**United Methodist Economic Ministry  
Food Bank**  
Salem Township  
Phone: Kay Webb 678-2611 also

Crystal Cook and Bruce Taylor  
Hours: Tues – Thurs 1PM – 4PM and  
Sat 10AM – 11AM

**Stratton/Eustis Food Pantry**  
Community Center, Stratton  
Phone: Flo & John Caldwell 246-6231,  
Town Office 246-4401  
Hours: 3<sup>rd</sup> or 4<sup>th</sup> Thursday 9AM – 1PM

**TriTown Ministerial Food Cupboard**  
Eaton United Memorial Church, 28  
Church St., Livermore Falls  
Phone: Marriette Castonguay 897-4017,  
Ray & Alice Bryant, 897-3529  
Hours: Tues – Thurs 2PM – 4PM and  
Tues 6PM – 8PM

**Church of the Good Shepherd**  
Main Street, Rangeley  
Phone: Audrey Hodge 864-3394,  
Louise Doak 864-5276  
Hours: Tues 10AM - 12PM and  
Last Tues of month 4PM - 6PM

**Abused Women's Advocacy Program  
(AWAP)**  
159A Main Street, Farmington  
Phone: Aimee Des Roches  
778-6107  
Hours: Mon-Tues 8AM - 8PM,  
Wed-Fri, 8AM - 4PM

For more information about Food Banks  
and Soup Kitchens contact Johnnie Bu-  
chanan or Cindy Brophy at  
Western Maine Community Action  
645-3764. Toll Free 1-800-645-9636.

## **Farms with CSA or Pick-Your-Own Options**

A CSA is Community Supported Agriculture, a cooperative arrangement between customers and farmers to supply the farmers with fair exchange for a share of the harvest that year, which is usually of greater value than the purchase price.

### **COMMUNITY SUPPORTED AGRICULTURE (CSA) SHARES**

Fare Share Farm, Greenhouse and Bakery  
Island Farm  
King Farms  
Source 365 CSA Farm  
Stevenson's Strawberries and Levesque's Farm Stand  
The Turkey Farm  
Whitetail Acres Farm



### **PICK-YOUR-OWN**

Boothby's  
Cricket Hill Farm  
D.R.T. Works Farm  
Firth's Fruit Farm  
Harnden's Harvest Hutch  
Lone Antler  
Masterman Family Farm  
Morrison Hill Farm  
North Star Orchards  
Pike's Strawberries and Corn  
Sandy River Apples  
Stanley End Farm  
Stevenson's Strawberries and Levesque's Farm Stand  
Wilton Blueberry Farm

See the alphabetical farm list for details and directions.  
Please call ahead to confirm current availability.

# NOTES

## MAP KEY

1. **Bailey Hill Farm**, Farmington
2. **Baroque Acres**, New Sharon
3. **Black Cat Products**, Chesterville
4. **Boothby's**, Livermore
5. **Caldwell Farms**, Turner
6. **Carrabassett Coffee Company**, Kingfield
7. **Clark Farm**, Farmington
8. **Coburn Farm**, Dixfield
9. **Cold Spring Ranch**, North New Portland
10. **Cookies From The Heart**, Farmington
11. **Cranberry Creations**, Mt. Vernon
12. **Cricket Hill Farm**, Farmington
13. **D.R.T. Works Farm**, Phillips
14. **Fare Share Farm, Greenhouse and Bakery**, Canton
15. **Firth's Fruit Farm**, New Sharon
16. **Flying Pond Farm**, Vienna
17. **Gray Feather Farm**, New Sharon
18. **Greany's Turkey Farm**, Mercer
19. **Hall Farm Maple Products**, East Dixfield
20. **Hall's Wild Blueberries**, Vienna
21. **Harnden's Harvest Hutch**, Dryden
22. **Henry Hardy Farm**, Farmington
23. **Hidden Valley Alpacas**, New Portland
24. **Hoof n' Paw Farm and Greenhouse**, New Sharon
25. **Island Farm**, Avon
26. **Jackson Mountain Farm**, Temple
27. **King Farms**, Weld
28. **Knowlton Corner Farm**, Farmington
29. **Ledoux Family Farm**, Wilton
30. **Living Acres Too**, New Sharon
31. **Lone Antler**, Wilton
32. **Maine Maple Garden, Inc.**, Gorham Gore Township
33. **Marble Family Farm**, Farmington
34. **Maguire Family Farm**, Strong
35. **Maple Valley Farms, Inc.**, Jay
36. **Masterman Family Farm**, Avon
37. **McClure's Tree Nursery**, Kingfield
38. **More Acres Farm**, East Dixfield
39. **Morrison Hill Orchard**, Farmington
40. **Nanna's Cakes and Small Party Catering**, Phillips
41. **Nezinscot Farm**, Turner
42. **North Star Orchards**, Madison
43. **O'Connor's Orchard**, Farmington
44. **Peace and Plenty Farm**, Phillips
45. **Pike's Strawberries and Corn**, Farmington
46. **Pleasant Acres**, Rangeley
47. **Pooh Corner Farm**, Bethel
48. **Pretty Maids All in a Row**, Phillips
49. **Puckerbrush Farm**, New Sharon
50. **Robin's Flower Pot**, Farmington
51. **Sandy River Apples**, Mercer
52. **Sandy River Farm**, Farmington
53. **Second Chance Farm and Longfellow's Creamery LLC**, Avon
54. **Shady Lane Farm**, New Vineyard
55. **Source 365 CSA Farm**, Farmington
56. **Spinning Wheel Farm**, Farmington
57. **Springside Acres**, New Vineyard
58. **Stanley End Farm**, Rome
59. **Stevenson's Strawberries and Levesque's Farm Stand**, Wayne
60. **Stone Corner Farm**, New Sharon
61. **Sweetland Farm**, Starks
62. **Sweet Maple Farm**, Wilton
63. **Terry's Orchard**, Jay
64. **The Chickadee's Nest**, Farmington
65. **The Turkey Farm**, New Sharon
66. **Thompson's Novelty Acres**, Fayette
67. **Venter Yes.ter.year Farm**, Industry
68. **Verdevale Farm**, New Portland
69. **Wheeler Hill Farm**, Phillips
70. **Whitehill Farm**, East Wilton
71. **Whitetail Acres Farm**, Wilton
72. **Whitewater Farm**, New Sharon
73. **Wilton Blueberry Farm**, Wilton
74. **W.S. Wells and Son**, Wilton
75. **York Hill Farm**, New Sharon
76. **Washburn Norlands Living History Center**, Livermore
77. **Sandy River Farmers Market**, Farmington
78. **Gazebo Market**, Livermore Falls
79. **Better Living Center**, Farmington
80. **Mosher's Seafood 'N More**, Farmington
81. **Organic and Otherwise**, Jay
82. **Ron's Market**, Farmington
83. **Spice of Life Natural Foods Store**, Skowhegan
84. **Up Front and Pleasant Gourmet**, Farmington



## Reasons to Buy Local Food

Supporting local agriculture benefits everyone involved: Consumers, growers, retailers.

In fact, the entire local economy!

### *Nutrition*

Eating locally grown fruits, vegetables and meats are the healthiest and freshest food choice you can make. Local produce generally has far greater nutrient value than internationally-shipped grocery store produce, since many vitamins degrade rapidly after harvest. Organically grown foods generally have more minerals due to better soils and better nutrient absorption.

### *Local Economy*

Taking the extra time to buy local produce from local farms and farm stands preserves the region's ability to feed itself. Buying produce from large chain grocery stores is sending local money across the country and out of the country. Buying local makes it possible for the local small-scale farms to continue their businesses. When you do not buy local foods, it contributes to the harm that long distance transport inflicts on the atmosphere and the degree of which large-scale pesticide use harms the environment.

### *Making the Connection*

Do you have an urge to see what the local food craze is all about? Most farms listed in this directory would be more than happy to give you a tour or answer questions you may have about their products. Experience local agriculture! Meet the growers! Contact or visit a few local farms or try buying everything that you can from a local grower. The difference of taste and freshness is astounding, and you may just get a newfound sense of pride in your community knowing that you are helping our rural area thrive.